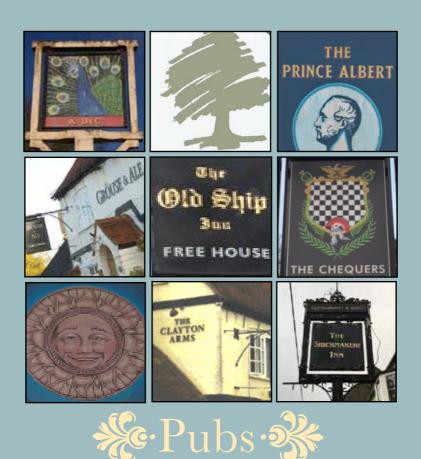
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From the Editor

The nights are definitely getting lighter and my morning dog walks are no longer in the dark. The snowdrops are giving way to crocuses and daffodils, which means spring must be on its way.

In this issue we've a great news announcement from Laceys. We're so proud to have them in our village, well done that family farm. Turn to page 40 for the big reveal.

Sadly we've had to say goodbye to gardener Dave Dunbar as he moves on to pastures new, but we're delighted to welcome Warren Detsinyi who has taken up the challenge to be our gardening expert. He's got some great advice as to what we should be getting on with in our gardens at this time of year.

Bill Dunn celebrates (and mourns the passing) of our pubs former and present. We know there used to be more, so do tell us about your memories of them and any amusing (and publishable!) anecdotes. Email me at the address below. Happy spring.

Katy Dunn, editor. katyjdunn@btinternet.com

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Your Parish Council



laneendparishcouncil.org.uk

Parish Clerk
Hayley Glasgow

clerk@laneendparishcouncil.org.ul
74 New Road, Sands
High Wycombe
Bucks HP12 4LG

Councillors

Chairman: Cllr Michael Detsiny

Vice Chairman:

Cllr Graeme Coulter

Cllr Mandy Dunning

Cllr Jane Osborn

Cllr Colin Harries

Cllr Keith Wright

Cllr Callum Stewart

Cllr Nigel King

Cllr Mandy Sarney

Cllr William Hunt

Cllr Tim Nolan

Parish Council meetings—all

welcome

Monday 5 March – Cadmore End Village Hall

Monday 9 April – Lane End Sports Association

Annual Parish Meeting –

Wednesday 9 May – Cadmore End Village Hall

Monday 14 May – **Annual Meeting**of the Parish Council and normal
meeting – Lane End Sports
Association

Monday 4 June – Sycamore Room, Lane End

Can you deliver the Clarion?

We are looking for volunteers to deliver the Clarion. It could be round your road or a bit further. Copies of the Clarion would be delivered to you and you just need to pop one copy through the door of each property on your list. It's just half an hour or an hour out of your time four times a year.

Without volunteers we wouldn't be able to keep delivering the Clarion to all the properties in the Parish.

Our current volunteers – a massive thank you for your continued support within the community. We really appreciate your efforts.

If you would like more information please contract the Parish Clerk.

Planning Applications

The Planning Applications relevant to the Lane End Parish Council are updated on the Parish Council's website www.laneendparishcouncil. org.uk every Monday from the official list of verified applications supplied by WDC.

Whilst the Parish Council does not have the power to determine applications its local knowledge is sought on each and every application.

Allotments

There are three allotments sites in the Parish, Chalky Fields, Bunkers

and Sandyfields. If you would like more information about allotments please contact the Parish Clerk.

Street lights

To report a faulty street light please note the column number, the road where the street light is situated and the nearest property and report to the Clerk - Hayley Glasgow 01494 437111 / clerk@laneendparishcouncil.org.uk

Pot Holes / road repairs

You can track and report pot holes/ road repairs through the Buckinghamshire County Council website http://transportforbucks.net/ report-it-pothole.aspx or you can call

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If you consider this to be dangerous or an emergency, please call BCC on: 01296 382416 (9am-5.30pm Mon-Thurs 9am-5pm Friday) or 01296 486630 (out of hours and weekends).

Dog waste

We have had increasing complaints about dog owners not picking up after their dog. Leaving dog mess on or near footpaths for others to step in is unacceptable.

This is a particular problem in Harris Road, Blackwell Road and Edmonds Road. Please be a responsible dog owner and pick up after your dog.

Talk to us?

We would love to hear your comments / suggestions / complaints or compliments. Please contact the Parish Clerk Hayley Glasgow 01494 437111 /

clerk@laneendparishcouncil.org.uk



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How Parish Council money is spent -

By Mike Detsiny and Graeme Coulter

Every January Parish Councils throughout the land decide how much money they need in order to fulfil their responsibilities to their parishioners. In our case we make a bid for this money to Wycombe District Council and the funds they give us are called 'The Precept'. Currently, funding bids by small local councils are not capped by Central Government but this may well change in the future.

Parish Council money is spent on local issues where Councillors' intimate knowledge of their own communities proves most valuable. Lane End Parish Council's major areas of expenditure include; allotments, helping maintain our local churchyard, clearance of footpaths and bridleways, grass cutting, maintenance of our Commons, litter

bins, provision of recreation, drainage of village ponds and, very importantly, street lighting.

Parish Councillors are all unpaid local volunteers and every decision we take is therefore non-political and based solely on what we believe is in the best interest of local residents. We have eleven Councillors and an excellent Clerk, Hayley Glasgow, who guides our proceedings and advises us on how best to discharge our duties.

The table below shows the composition of the Council Tax for a Lane End Band D Council Tax household over the past five years. In that period, your Parish Council Tax has increased from £75 to £86 a year and now costs residents £1.65 per week. Put another way,

Year	Bucks County Council	Police	Wycombe District Council	Fire	Lane End Parish Council	Total
2013/14	£1078	£157	£127	£59	£75	£1496
2017/18	£1218	£170	£132	£61	£86	£1667

your Parish Council tax accounts for only about 5% of total local taxes.

(The other portions of the Council Tax are made up of Bucking-hamshire County Council 70%, Adult Social Care 3.5%, Police 10%, Wycombe District Council 8%, Fire Service 3.5%)

Perhaps our most significant achievement over the last few years has been the major improvements to Lane End's Playing Fields and Clubhouse. If you haven't already been down there, please do go and take a look.

It's a great transformation and Wycombe Wanderers Ladies now use it as their home ground. The MUGA (Multi Use Games Area) has proved a real success with local teams using it literally every day.

We mentioned previously that one of our responsibilities is for streetlighting in the parish. Indeed, on a regular basis it is significantly our largest item of expenditure.

We have 253 streetlights in the parish. The majority of these were installed in the 1970s and 1980s. The typical life-span of a column is 25 years and the 'Sox Lanterns' fitted to them are no longer manufactured.

The cost of replacing just one column and replacing SOX with LED is more than £2000. In the last month we have had to replace two columns and lights at a cost of just over £4000.

If we had to replace everything at one go it would cost over half a million pounds! So, we have decided to put money aside every year from now on in order to build up reserves so that we do have the funds to keep our lights on when the need arises.



This will mean that the element of your Council Tax bill accounted for by your Parish Council will rise from £1.65 per week to approximately £2.06 per week. We hope you think this is well worth it and good value.

Gracewell of High Wycombe (Lane End)

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- St David's Day celebrations
 Thursday 1st March
- Open House Every Wednesday 10am - 4pm
- St Patrick's Day celebrations Saturday 17th March
- World Poetry Day Wednesday 21st March
- Forget Me Knot Café
 Last Friday of every month 2pm 4pm





Call us for more information or to book your place.

For further information call **Hayley Devereaux** on **01494 854798** or email **highwycombe.haa@gracewell.co.uk**

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For all our upcoming events please check our website.

Grace well High Wy combe. co. uk

OWO OWO

Footpaths report

Report by Teresa Hehir

Well, the weather really changed over a few weeks, from fairly mild to snow. And the mud has returned with a vengeance. At the moment the paths are quite slippery so be careful. The snow brought down a few branches, and there is/was debris all over the place, but nothing major.

Many thanks to my helpers and those who have worked to keep the paths clear for everyone. If, when you are out walking our paths, you notice a broken gate/stile, or damaged/missing signage please let me know on 881170 or hehirt@hotmail.com.

If you would like to join us and take on a footpath (you just need to report any problems and occasionally cut back the brambles) please get in touch.

One great way to get to know our footpaths is to join the Simply Walks groups on Mondays and Thursdays. It's also a great way to get to know some new people.

We go from the sports field at 10am for a walk around the area – the walk is free and open to all.

The tree in the pond Report by Cllr Will Hunt

Sat here writing this in January, Christmas already seems a long time ago, although it's not that long until we have to start thinking about it all over again.

The planning starts in the summer, first with ordering the Christmas trees for the Village Hall flat roof and for the pond.

It seemed a good idea a couple of years ago to have an extra tree for the village, but we debated where could it go so that everyone could see it and also ensure it was safe and secure.

The pond seemed like a good idea! So after sourcing some quotes for lights, a power supply and a suitable stand I was given the go-ahead.

All the planning and preparation went smoothly. On the actual day, clad in waders, I entered the pond to install the tree and weigh it down with concrete blocks. This done, the next job was to hang up a few loose lights.

It wasn't the most pleasant of experiences, however the removal of the tree was worse, I had to break the ice that the ducks were sitting on to get into the pond!

Lane End WI Report by Ann Carter

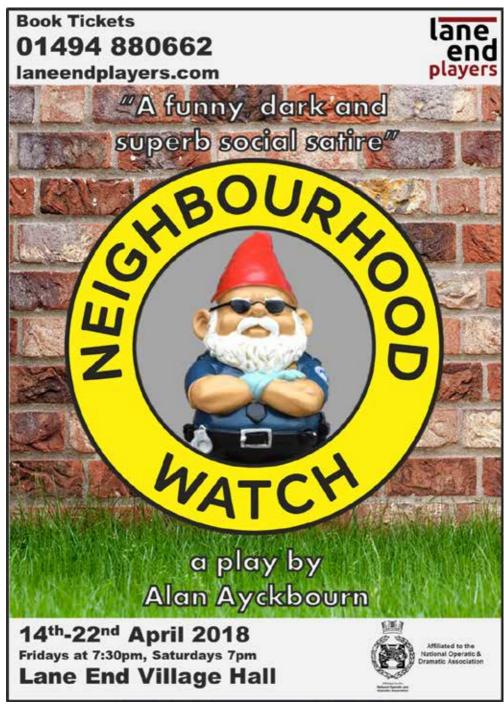
We are looking forward to celebrating our 50th birthday this year, especially as some of the founder members still regularly attend our meetings. We hope to enjoy a visit to Waterperry Gardens on 20 August followed by a Celebration Tea.



We have a very varied programme this year. On 26 March some members of the Lane End Players are coming to talk to us about what goes on 'behind the scenes'. On 30 April Paolo will tell us about Franchi Seeds & Italian cooking. We welcome Tracey Blaney to our group on 21 May to talk to us about Millinery.

We will be holding our annual tombola at the Lane End Village Fete and look forward to seeing a lot of our supporters there.

Do feel free to come along to any of our meetings; you will be made most welcome and there is always a cup of tea at the end! Please contact Ann Carter - 881987



Lane End Players Report by Georgie Brooks

The Lane End Players' next production will be 'Neighbourhood Watch' by Alan Ayckbourn, an author we have not performed since 'Bedroom Farce' and 'Seasons Greetings' some years ago.

It is a mixture of satire and laugh out loud' farce, showing what can happen when a communal activity gets out of hand.

The performances will be on Fridays 13 & 20 April at 8pm and Saturdays 14 & 21 April at 7.30pm (not the times shown on the poster opposite.)

Tickets can be bought from 3 March onwards at the Village Hall 9.30am - 12noon on Saturdays, from the website <u>laneendplayers.com</u> or by ringing 01494 880662. Prices are £8 Adults / £6 Concessions for the first Friday only, Other performances are £10 Adults /£8 Concessions.

We had a full house in autumn, and you're sure to enjoy this one too!



The Clarion — Spring 2018

Lane End Conservation Group

Report by Margaret Adnitt

After two years in abeyance the Lane End Conservation Group (LECG) is up and running again. Following our AGM in November we now have a new committee and we look forward to the support of the village.

Over the last couple of years the 'Action Group' has continued to meet each month working on the maintenance of the Harris Garden (the garden is alongside the Chemist), helping to maintain the Parish footpaths and also picking up much litter which is so carelessly dropped.

We meet on the first Saturday of each month at 10am at the bottom of the main village car park and would always welcome more volunteers.

We have secured funding from Wycombe District Council for a tree planting project at Four Fields. The planting will reinforce an existing tree screen adjacent to the Motorway on the edge of the village and increase the area of woodland habitat. We intend to use tree species appropriate to the Chilterns and of local provenance. Watch this space for more details and for →

opportunities to help with the planting.

If you would be interested in joining the LECG, either as a volunteer or as a loyal supporter, then do contact our Membership Secretary, Teresa Hehir on 881170 or hehirt@hotmail.com. Subscriptions are a minimum of £5 and your support would be greatly appreciated.

Help keep our village tidy and its green spaces green

Meet 10am in the 'doctor's' car park on Saturdays 3 March, 7 April, 5 May

Lane End Conservation Group

Lane End OPAG

Report by Jane Osborn

Lane End OPAG (Older People's Action Group) welcomes those over 50 to its meetings which are held on the first Thursday of each month at 2pm in Lane End Youth & Community Centre, Edmonds Road.

If you have a curiosity for life and are interested in finding out more about it, do come along and see if this is something that interests you.

Remember also that the Community

Centre volunteers serve a delicious, and very reasonably priced, lunch from 12noon onwards on Thursdays, so why not come and enjoy both?

One of our members, Val, regularly tests our brains with her excellent quizzes – and that is what we enjoyed in February. On 1 March, Lilli May is giving a talk on Homeopathy. On 3 April, staff from Santander Bank are coming to talk about the latest scams and frauds – it is always good to be kept up to date.

On 3 May the CCG (Clinical Commissioning Group responsible for the Lane End Surgery) are making a return visit to bring us up to date about changes to health services in Bucks including the new medical hub being set up in Marlow – so if you want to find out more about these changes or have questions you would like to put to the CCG direct, do come along.

In June, by way of change, Linden Porter will be giving us one of her travel talks – always illustrated with excellent photographs.

We are always looking for different speakers, so if you have led an interesting life / have a fascinating or unusual hobby you would like to share we would be delighted to hear from you – please contact Jane Osborn (01494 881641 / janemosborn3@gmail.com).

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Lane End Scouts

Report by Ian Harris



1st Lane End Scout Group Registered Charity No 308008

'January is such a quiet time for Scouting.'

Unless of course you decide to take 16 Scouts on a trip to Gilwell Park!

On the weekend of 12-14 January 1st Lane End Scouts attended a 48 hour winter camp with over 4,000 other Scouts from across the UK at the Gilwell Winter Camp. The event has historically has seen freezing conditions, torrential rain and almost knee-deep mud. This year a great time was had by all attending and we got away with 'only' knee deep mud!

The 52 acre Gilwell park estate in Epping Forest was purchased in 1918 by the Scout Association for £7,000 and the development of the home of Scouting began. An official opening was planned for 19 July 1919 but it was delayed until Saturday, 26 July 1919 so that Scouts could participate in the

Official Peace Festival commemorating the end of World War I. It was requisitioned by the War Ministry from 1940–1945 as a local command, training, and ordnance centre. After the war, little remains of the estate except the hole created by a bomb dropped by the Luftwaffe. In true Scouting style, instead of filling it in, it was enlarged



and is now used for swimming and canoeing.

We will return to Gilwell Park in the Summer for the Explorer Scout section to take part in Gilwell 24, which is a series of challenges set out in a 24 hour period. One of many challenges is to stay awake throughout the 24 hour period to gain the coveted survivor's certificate. This, I am sure, will not be an issue as I have camped with

these guys before and let me tell you, they never sleep!

The Beaver Scout Colony is at full capacity, with so many new and excited members and I have been advised they are holding a night's away-sleep over at our HQ in March....Sleep?....Forget it!

This week we invested 12 new members into the Cub Scout Section, the largest number I have ever seen in one go and as our new Monday night section develops we have nearly 40 young people aged 8 - 10 ½ attending across two nights on a weekly basis. We will be taking these guys on camp in the late spring and I am 100% certain they won't sleep either.

This growth has been made possible by an enthusiastic group of leaders, all of whom commit so much to this fantastic organisation, but the lynch pin to the whole success of Cub Scouts at Lane End is Carole Harris. A truly dedicated Cub Scout Leader for over 20 years, she has demonstrated the tenacity, professionalism and personal qualities that any charitable organisation would, guite rightly, fall over themselves for. So much so that the national Scout Movement has recognised Carole's service and recently announced the presentation of the prestigious Award for Merit

The Award for Merit is given for outstanding service of not less than

12 years. It implies keen, conscientious, imaginative and dedicated service over a sustained period. Only two of these awards have been made at Lane End Group in its history, one for Andy Meakes, one I am proud to be the recipient of and now the Hat trick, and very well deserved it is too.



We welcome support in many ways and in whatever form not just volunteering to be a leader, you might be a plumber, electrician or carpenter who could help us with some maintenance on our Victorian Headquarters, you might even be a generous millionaire! If you'd like to get involved in any way with this long running and priceless youth community asset, then please give me a call.

Lane End Scouts and Guides Registered Charity 308008

Contact Ian Harris Group Scout Leader 1st Lane End Scouts (est 1909)

laneend@chilternvalescouts.org.uk
Tel 880617

Hambleden Valley Gardening Club

Report by Janet Collins

2018 is an important year for the club as we will be 10 years old. Looking back at those ten years we are still a very active club with a stable membership of around 60, many who have been with us from the beginning but there are also many new members who we always welcome. We are going to mark this anniversary by having a celebratory cream tea to which all members are invited and we are also inviting all of our many previous speakers



We have had three more very diverse and interesting talks since the last newsletter. The first one in November was presented by Richard Bisgrove, a retired director of landscape at Reading University. He gave us an illuminating talk about his many

travels to gardens in both China and Japan. He has a great interest in garden history and was able to give us many fascinating facts about gardens over the centuries in both countries.

The speaker in December was Nick Bailey who is now a frequent presenter on the TV Gardeners World program. He spoke about the history of the Chelsea Physic garden of which he had been the Director of and so had a wealth of knowledge about these gardens. This talk was of especial interest to the club as we have arranged a coach visit to this garden in May.

To welcome in the New Year our speaker was Nick

Pritchard Gordon who is chairman of the Wargrave Horticultural Society. Nick gave a controversial talk about Propaganda and Propagation, how political gains were made by using or abusing the 'wholesomeness' of the concept of horticulture and gardening as a device to promote their message or propaganda. A very thought-provoking talk

We still have two more speakers for this season before we start our visits in May. Please look at the events page for all details. All new members welcome, please call 01491 638691.



Captions: Hambleden Valley Gardening Club enjoying a laugh in the pouring rain (opposite). Lovely summer garden visit to Coton Manor (this page).





By the time that you read this, things will have well and truly kicked off at the Club. Our AGM will have been and gone, the agenda for Frieth Cricket Club will have been set, preparation work at the ground will have started and our pre-season cricket nets will be well underway.

We've received confirmation of the league structure for the coming season, and following a restructure at the top of the Mid Bucks league pyramid, the First XI look well set to consolidate their Division 1 position (formerly Premier Division) following promotion last year.)

Even more importantly, the Seconds are in a league of 11 teams, which means that there are 20 games scheduled for the season – even a lousy Summer should guarantee more than the seven or so completed fixtures that we had last year! (I do recognise that this is well and truly jinxed now!)

The fixture list for the Sunday side is looking healthy too, and following the success of 2017, we've decided to keep the reduced schedule in place, which means that our players can spread themselves between the Club and their families more consistently during the season.

Frieth Cricket Club is looking to increase the number of players that we have on our books. With the three senior teams that we have, we can offer playing opportunities for good players looking for competition, players who are not as good, but still thrive in the midst of a contest, and those who might be returning, or new, to the game, and just after an afternoon in the sun, followed by a beer or two afterwards.

As a matter of fact, the new pastor of the Elim Hope Church in the village, Scott, joined our ranks at the end of 2017; speak with him if you want to learn about how he got involved, or email us at

friethcricket@btinternet.com.

The Club ticks over during the winter months. The location that we enjoy in Parmoor is beautiful, yet exposed, and as such the club house gets battered by the weather.

Our groundsman, Dennis, has toiled through the closed season to ensure that the building is watertight, and the ground will be fit for use in April. So far, things are looking good, however we've still got Storms Georgina, Iona and James to come this winter—and if storm James is anything like my Uncle it'll be fierce.

So the preventative work is ongoing!

If you have any expertise in building maintenance, and might be able to lend Dennis a hand, we'd love to hear from you. Likewise, if you have any skills, or particular interest that might be of use to us, please do let us know. We're a small, yet ambitious Club, and your input won't be wasted.

I look forward to welcoming you to Frieth Cricket Club this season, and thank you in advance of any support that you can offer. *Ben Smiley*





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Lane End Youth and Community Centre

Report by Emma Savory

Come join the fun at Playscheme 2018

EASTER HOLS – Wed 4 & Wed 11 April

Places available for children over 6 years old. £12 per child, £10 each sibling. 10am – 3pm

To book your child a place email: leycc@hotmail.co.uk

Thursday Lunch Club 12 – 1.30pm

What a fabulous Christmas lunch day we had in December with Christmas dinner and fun entertainment organised by Val and Sylvia.

Thank you to the volunteers for helping on the day, and of course thanks to all the regulars who attend lunch club each week. Maybe you would like to join us this year?

Every Thursday we welcome you into the Centre for a two-course cooked dinner with tea or coffee for £5.50. We currently have a small group of volunteers who take turns each week to provide approximately 20 people a delicious hot meal. We

are always looking for people who can help, cook or serve at this club, maybe you have two hours a month you can spare to help out? If so please get in touch.

New Zumba class

Community

We have a new Zumba class on Tuesday 10-11am. Give it a go?!

Wednesday evening Hire – We currently have Wednesday evenings available for regular hire, do you run a class, workshop, club and need a local venue to hire? We could be the perfect place. Email leycc@hotmail.co.uk

Computer Club – Every Thursday 11.30am – 2.00pm

This club is run by
Charmain who is on
hand to help with any IT
i.e. computer/tablet/iPad
problems you may have.
It is a 'drop in' session
with no formal structure.

If you need help with setting up/ retrieving emails, internet security, downloading and editing photos or any IT query, Charmain will be on hand to point you in the right direction!

This is a FREE facility but we do appreciate a donation if you can afford it when you visit. Pop in with your laptop or use one of ours, everyone is welcome!



Coffee Shop – Mondays 10.30am – 12noon

Do you want to meet new local people? Then come along to our coffee morning, every Monday at 10am. All ages welcome.

CHILDREN'S EASTER EGG PRIZE bingo Tuesday 3 April

Starts at 1.30pm, with tickets on sale at £2.50 per child at 1pm. Don't forget the tuck shop will be selling all your favourite sweets and drinks. No need to book just pop along!

BEACH PARTY THEMED DISCO NIGHT FOR THE OVER 50'S -

Dreaming of hot sunny weather? The join DJ Bruce for his Beach themed disco – SAT 17th FEB, bring your own drink and nibbles, Raffle, tickets £7 per person

Afternoon tea with Aca-holics performance

You are invited to an afternoon tea party on Sunday 25 March 2 – 5pm for a delicious feast of sandwiches and cakes with a performance from the fabulous barbershop quartet – Aca-holics. Booking is required, tickets cost £8 per person.

Having a party? The Centre is so versatile and can be used for many different events, plus there are discounts for Lane End residents.

Lane End Youth & Community Centre, Edmonds Road, Lane End, HP14 3EJ Tel: 01494 883878 / 07932 326046 Email: leycc@hotmail.co.uk Charity Number: 1101360

Mondays:	10.30am-12pm	'Drop In' Coffee morning, all welcome		
	2.00pm-3.00pm	Gentle Exercise for the over 50's		
	6.00pm-8.00pm	Pilates with Lauren Fois		
Tuesdays:	10am-11am	New Zumba class		
	6.30pm-8.30pm	Senior Youth Club 11 yrs +		
Wednesdays	Daytime AND evening available for hire			
Thursdays:	11.30am-2.00pm	Computers @ the Centre – FREE to		
		everyone		
	12.00pm-1.30pm	The Drop-in Lunch		
	2.00pm-4pm	1 st Thurs of the month – LEOPAG		
	7.30pm-10.00pm	Soundforce Big Band Rehearsal		
Fridays:	9.30am-10.30am	Circuit Training		
Saturdays	9am-12pm	Bells and Whistles dog training		
WEEKENDS AVAILABLE FOR HIRE				

Methodist Church war memorials

Report by Andrew MacTavish

When the Methodist Church was closed a few years ago, the furnishings were cleared, and taken elsewhere or sold off. The memorials to the dead of the two World Wars were a different matter. They are specific to our village and specific to the Methodists - to 'the members of our school and church' as they proudly proclaim.

They remind everyone of the very strong Methodist tradition that the village had in the past - the very church itself, the Methodist school (now 'FYEO' building), and the flats in the centre still bearing the engraved sign 'Temperance Hotel'.

The factory that was behind North's Garage and the mill pond were central to the faith, being owned by pillars of the church, Mr R Smith and



his family.

So the two memorial boards were taken down and given to the care of one of the congregation for safe keeping. Finely carved in solid oak and 4'6" by 2'0", they were put up on the wall of in his workshop and are still there. Now he is planning to move away from the area.

Is there anywhere in Lane End for the boards? They are beautifully made and in excellent condition. Holy Trinity Church has its own memorial. The Royal British Legion Memorial Porch at the Village Hall has its memorials too. Where can they go? It would be a shame to lose this bit of our history. Has anyone any ideas?

There is also a curiosity that has been spotted on these boards. The village memorial records the names of all the villagers who fell. The Methodist boards records those of them who were Methodists. But the WWII board has a name - Fred King - which is not recorded anywhere else in our village memorials. The suggestion is that he attended the school but did not live in Lane End.

Does anyone know?

The first daffodil has appeared in the garden, the weather has taken a turn towards some blue in the sky, and the incessant rain seems to have eased off for a while. You folk have had a rather cold winter, but here in the Charente Maritime as well as most of France we have experienced strong winds and a lot of rain. So much so that in Paris the Seine has overflowed and the Metro and other services are badly affected.

We also have flooding here in Oleron—up to the zone jeaune levels—this is land declared non-constructible due to past inundation. The zone noir level was declared after the sea invaded many houses built

too close to the sea, and

caused some loss of life during the *Tempet Xanthia* some years ago. In this zone all buildings have been demolished.

Oleron and the Bassin de Marennes are beginning to prepare for the summer visitors, and many mobile homes are being transported in in readiness. Our new neighbour has taken over the former builders yard and has started a new business constructing transportable cabins which are finished in the bright colours used hereabouts. As the photo shows, they look very attractive, and with a small kitchenette, sitting area and double bed, would be a useful addition to a garden either as a summerhouse or as an additional place for visitors to stay.



Meantime, a decision has once again been postponed as to whether to levy a toll on the viaduct over to Oleron, so we can breathe a sigh of relief for the time being. Their first estimate of 16 Euros for a single car journey was very excessive. A later proposal of 6 euros per car was a bit better, but would still have affected all who live off the Island but who →

travel there each day to work, so again not acceptable. Perhaps if the charge was just to pay for maintenance, with local residents excused, it might work, but the locals have not yet got around to this!

Yesterday (28 Jan) we held our first Eucharist of the year for our little expat congregation at St Ignatious in l'Eguille. Our team now consists of two ministers, an organist and wardens, so with a congregation of about 10, we managed a fair lifting of voices. Tea, coffee and a very nice cake were enjoyed afterwards – but its cold in that Church!

And so as we move towards the spring, I need to get out into the garden with a chainsaw and loppers. The bushes and shrubbery in the

garden threaten to take over. I contemplate my empty chicken run with new ambition; perhaps I would not lose too many birds if I restocked. Thoughts on half a dozen White Sussex whose lovely eggs are tempting. The local Monday market which moves between the towns of Saujon, Saintes, and Pont l'Abbae d'Arnoult would be a good source. I'd have to be careful of both foxes and sparrow hawks - the latter attack with enormous ferocity; one hen was taken last year in just seconds. Anyway, to be decided and perhaps discussed next time.

For now, then, we hope that your Spring goes well, and hopefully we shall see some of you here during the coming Summer. *Tim Cherry*



Royal British Legion

Report by Seddon Parmoor

Last year, as usual, we organised and ran the Annual Poppy Appeal. Collectors visited many of the houses in our area and collected a total of £4805.38. This was another excellent result. Thank you all for your generosity.

On Remembrance Sunday, we paraded at both Wheeler End and Lane End. Again, a good turnout of local villagers at each. As time passes it is important to remember the terrible sacrifices made by previous generations for our benefit.

There are a number of events to celebrate or remember this year. The 100th Anniversary of the First World War and the 65th anniversary of the Coronation of our Queen Elizabeth II.

We held very successful Village Sunday Lunches, recently, with good food, good company, a fun quiz and community singing to mark VE day and then Her Majesty's 90th Birthday. Prince Henry of Wales is to be married on 19 May this year. Marriage is always a Happy event and a time of joy for all involved.

We have decided to hold another

Village Sunday Lunch on Sunday 20 May in the Village Hall to mark Prince Harry's marriage to Ms Markle. This will unite our royal family with a citizen of the USA. We are thinking of a three course meal, with UK main course and American pudding (with Vegetarian alternatives), a fun Quiz and Community Singing as with the previous Village Lunches. All are

We will be advertising this nearer the date BUT if you want to provisionally reserve places now email seddonparmoor@aol.com and we will keep you up-to-date with details.

welcome.



Your day by day guide to local meetings, clubs and events





ance your event of group meeting tree, chair, natylutime numerineised.

Please also be sure to inform me of any changes

Mondays

Regulars

Simply Walk—10am Meet Lane End Playing Field's car park. Walk and chat for 1-2 hours

Drop-in coffee morning—10.30-12.30am, LEYCC, Edmonds Road, Lane End. Tel: 883878

Gentle exercise for the over 50s—2-3pm LEYCC

Lane End Evening WI—Last Monday of the month at 8pm in Lane End Village Hall

Pilates with Lauren—6-8pm LEYCC £50 for 6 week course. Tel 07709 430634

Bridge Club—7.30pm Lane End Village Hall

Monday events

Parish Council meetings:

- 5 March @ Cadmore End Village Hall
- 9 April @Lane End Sports Association
- 9 May Annual Parish meeting Cadmore End Village Hall
- 14 May Annual Meeting of the Parish Council @Lane End Sports Association

Tuesdays

Regulars

Child Health Clinic—First and third of the month, 9.30-11am, Lane End Childrens Centre, (Lane End Primary School). Tel 01628 475456 Just turn up

New Zumba class—10-11am LEYCC

West Wycombe WI—Third Tuesday in the month (except August) 2pm in West Wycombe Village Hall. New members and visitors welcome. Tel Janice 881049

Hambleden Valley Gardening Club— 7.30pm, First Tuesday of the month, Skirmett Village Hall. Tel 01491 638690

Senior youth club (11+ olds)—LEYCC, 6.30-8.30pm. Call Rebecca Acres on 07714 866837

Bingo — 7.30pm Sycamore Room Lane End Village Hall

Slimming World—5.30pm and 7.30pm at Lane End village hall. Call Marion on 07887 607987

Tuesday Events

6 March—7.30pm Hambleden Valley Gardening Club talk by National Garden Scheme organiser Marina Hamilton. Tel 638691

3 April—Easter Egg prize bingo for children. LEYCC. leycc@hotmail.co.uk

Wednesdays

Regulars

Pacey—(for childminders and nannies) 9.30 -11am, Lane End Childrens Centre, (Lane End Primary School). Tel 01628 472121 Just turn up

Gracewell of high Wycombe open day— 10am-4pm

Bridge Club—1.30pm Lane End Village Hall

Sticky Kids—2-2.45pm, Lane End Childrens Centre, (Lane End Primary School). Tel 01628 475456 Just turn up

School of Traditional Medieval Fencing—7.30pm Lane End Village Hall

Wednesday events

4 and 11 April—Easter playscheme for 6+ yr olds at LEYCC. Email leycc@hotmail.co.uk

16 May—Hambleden Valley Gardening Club coach visit to Chelsea Physic Garden. Tel 638691

Thursdays

Regulars

Simply Walk—10am Lane End Playing Field's car park. Walk and chat for 1-2 hours

Coffee Stop—Village Hall 10-12noon. Coffee and chat. All welcome, run by Methodist Church

Computers@The Centre—11.30-2pm LEYCC

The Drop-In (Social lunch) - 12-1.30pm LEYCC

Four Ends Flower Club—Fourth Thursday of the month 1.45pm in Lane End Village Hall. Visitors £6. Flower arranging demonstration, raffle, tea and cake. Contact 482724

LEOPAG—First Thursday of the month 2-4pm LEYCC

Lane End Players—8pm Village Hall Tel 483359

West Wycombe Guides—7.15pm Piddington Village Hall

THURSDAY Events

3 May—2-4pm LEOPAG hosts meeting about changes in health services, including Marlow medical hub. LEYCC. Tel 881641

Fridays

Regulars

Circuits-9.30-10.30am LEYCC

Pop in and play—10am-3pm, Lane End Childrens Centre, (Lane End Primary School). Tel 01628 475456 Just turn up. £1 suggested donation.

Craft group—first and third Friday of the month in Lane End Village Hall. Tel 01993 837078 for details

Forget Me Knot Café— 2-4pm, last Friday of every month at Gracewell of High Wycombe

Friday Events

13 and 20 April—8pm Lane End Players' Neighbourhood Watch @ Lane End Village Hall. Tel 880662 / laneendplayers.com

Saturdays

Regulars

Coffee Shop—Enjoy coffee and cake on the first and third Saturdays of the month, 10am-12noon, Lane End Village Hall.

The Twinning Association runs the first Saturday in the month, Holy Trinity the third.

Lane End Conservation Group—First Saturday of the month, 10 am 'doctors' car park

Whistles & Bells dog behaviour school-9-12noon LEYCC, Tel Jenny 07703 020344

Wycombe Ladies—Saturday afternoon at Lane End Playing Fields. emma_newberry@hotmail.co.uk

Bingo—Lane End Playing Fields clubhouse every fortnight starting 2 Dec. Call Michelle Duffield on 07886 886967

Saturday Events

14 and 21 April—7.30pm Lane End Players' Neighbourhood Watch @ Lane End Village Hall. Tel 880662 / laneendplayers.com

12 May—10am-12noon Plant Sale at Manor Farm, Fingest. Open to all. Tel 638691

Sundays

Regulars

Holy Eucharist—8am fourth Sunday of the month

Parish Communion—9.30 Holy Trinity Church Lane End

Elim service—10.30 am at Elim Hope Church, Edmonds Road, Lane End

Sung Eucharist/Family Service—11am St Mary's Church Cadmore End

Lane End Players—7.30pm Village Hall Tel 483359

Sunday Events

5 March—2-5pm. Afternoon tea with the Aca -holics, £8 per person. Book on leycc@hotmail.co.uk

20 May—Village Sunday Lunch to mark Prince Harry's marriage to Ms Markle. Reserve a place via seddonparmoor@aol.com

Nature notes

Hibernating hedgehog

Article by Tim Grout-Smith

I've always felt a bit sad that for thirty-two years we've never found a hedgehog in our garden: it's always looked hedgehog-friendly to me, and there are certainly plenty of slugs to eat. So it was wonderful to find one snuffling around the apple trees in late November, even if on inspection it looked under the weather, with a big blood-swollen tick above its left eye.

My wife delicately removed the offending bug, complete with mouthparts, with a pair of tweezers (grip as close to the skin as possible, pull straight and slow, and don't twist) while I restrained the curl-up tendency of the hedgehog. Leaving the mouth parts in can make the puncture go septic.

We released it back into the orchard, and I started to read up about hedgehogs and hibernation. It seems that if the hedgehog is underweight (variously described as a threshold of 500 or 600 grams), then it's a good thing to intervene.



Email: katyjdunn@btinternet.com and **share** here any local photos, wildlife stories or interesting nature encounters...

You can fatten up the hedgehog with cat food and then put it in a custommade box outside for the winter. They are unlikely to survive with less fat reserves than that--and then there are always roaming foxes and badgers who might eat them. I was fairly sure our hedgehog was on the light side, so we were delighted when a few weeks later we spotted it again. Sure enough when weighed on the kitchen scales it clocked in at a mere 534 grams.

I phoned Mrs Tiggywinkles near Aylesbury, but they told me they couldn't return him to me in spring, but would put him out 'somewhere suitable'. A friend later told me that at one wildlife refuge near her in Shaftesbury they were looking after 150 dozing hedgehogs this winter!

As we want to preserve our local wildlife, we decided to confine Harry (although sexing proved too prickly a proposition, so it could be Harriet) to a cold frame in the garage while we fed him up on cat food--no fish flavours--and built him a house for the garden.

This proved very simple--a wooden box of 2 cm thick timber, 34 x 38 with a sort of shoe box size entry tunnel about 28 cms long by 20 high with an external width of 17 cms, as per instructions on the web, although we added a slight angle on the overlapping roof (from 27 cms at the front to 20cms) to run water off the back end, and a piece of roofing felt against the rain.

The roof lifted off for access, and needs to fit snugly, using battens on the underside to keep it in place. A one metre length of garden hose was recommended as a vent, put through a hole drilled in the back wall -- I suppose it can get quite smelly inside! Filled with dry leaves it looked quite snug.

Harry (or Harriet) ate, drank and slept happily in the garage, burrowing into crumpled paper and leaves, and put on around 100 grams in a week. We then put him into his box, tucked under a hazel clump in early December to ensure he went into hibernation--it got very cold soon afterwards, and he hasn't emerged since, judging by the undisturbed leaves in the entrance tunnel. We also piled leaves around the box and the roof to add insulation.

We hope he's sleeping soundly, and look forward to him toddling off happily into the undergrowth this spring.



Report by Jerry Gray

First, I heard it: a low, croaky 'cronk, cronk'. Surely it couldn't be, here in the Hambleden Valley, could it? But there it was again, a deeper rumble than a carrion crow. And then I saw it, flying above a small wood and I was sure. It was larger and more thickset than a crow or rook and had an unmistakeably wedge-shaped tail (not fanned). A raven. The world's largest crow. Then another and another, and finally, four ravens wheeling and calling overhead.

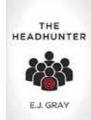
Mysterious though, what were they doing here? Apart from the few being held prisoner in the Tower of London, ravens are birds of mountains, high moors and sea-crags, so it is most unusual to see them above the gently rolling, cultivated countryside of the Home Counties.

In the event, I saw and heard them several times while out walking my border terrier, Alfie, over the Christmas period. They could have been passing through, but ravens are not known for moving territories across the country.

Most likely they have escaped from captivity somewhere in the area and have managed to adapt to living in the Chilterns, feeding off the carrion found in the fields, dead rabbits or lambs, although they will eat seeds, berries and nuts.

How interesting it would be if they are actually breeding in our area. In early spring, we might see their energetic courtship flight, involving considerable aerobatic displays, including flying upside down. Then we could look out for a huge nest of sticks and twigs, high up in a tall tree, with that telling loud, rumbling 'caw' echoing through the woods.

Crows, the Latin family name is corvidae, are one of Nature's success stories; intelligent, inquisitive and omnivorous (they will eat anything) thriving alongside humans, coping well with the changes we impose on the environment. On our walks we will invariably see magpies, jackdaws, jays, rooks and carrion crows. Now perhaps, even ravens.



Lane End resident
Jerry Gray is author
of a darkly humorous
satirical novel set in
the recruitment
industry. He's also a
keen birdwatcher.

Have you or a loved one been affected by cancer?

If so, health and care services in Buckinghamshire would like your help to ensure we are delivering the best possible care for our population – which means it is vital we hear from residents who have experienced cancer treatment.

NHS Aylesbury Vale and NHS Chiltern Clinical Commissioning Groups are working with Macmillan Cancer Support to invite people with experience of cancer to give their views in a new online survey.

Everyone's experience of cancer is different. So, for us to give the best possible care and support, we need you to help us understand what that looks like to you and how you think we should provide it.

Because you have been through it, you are best placed to tell us what works, what can be improved, and what specific cancer support should be available to you within the Bucks area.

Things may not change overnight, but if your experiences have left you with ideas of what would be good for patients in Bucks – whether improving an existing service or offering new kinds of support – we want to hear from you.

We know that being given the all-clear does not always mean the end of cancer and returning to normal. It's vital that when treatment stops you still have the right support to get back on your feet, deal with the consequences of your experience and know how to spot signs if cancer should return. Whether you are currently undergoing treatment, are now living after treatment, or if you have watched a loved one go through cancer, please let us know your views.

You can complete the full survey via the link below. All details will be kept strictly confidential.

www.letstalkhealthbucks.nhs.uk/consult.ti/cancerservices/

Milk Men

with Will Lacey



Cream rises to the top

The first few months of the year is always dominated by routine. The same jobs need to be done every day. Morning milking begins at 6am with our group of high-yielding cows the first to go through the parlour. We run the milking cows as two separate herds, the Highs and the Lows. The two groups are in different sheds, with different diets and different jobs!

The 'Highs' are the cows that need the highest level of attention. They have all recently calved, so their milk yield is at maximum output. These cows require the very best food as they have the largest energy requirement. We employ a nutritionist on the farm. His job is to analyse the food we grow on the farm, and create a diet suitable for each different group of cows.



The 'Lows' is our group of cows that have been calved for much longer. Most of these cows are pregnant, and their milk yield is decreasing as their body focuses on growing the calf inside them.

It is very important that we get the diet right for our 'Lows' as well. They don't have the same energy requirements as the 'High' cows. Producing milk requires a far greater effort than growing a calf does. If we fed the high energy diet to the low yielding cows they would very quickly get fat, which would result in all sorts of health issues for the cow and calf during and after calving time. We continually monitor the condition of our cows, to make sure they are no too fat or too thin.

The cows are still housed indoors. We bring them in during the winter months when the ground conditions in the fields are so wet that no grass is growing. They will be back out to graze in the day time this month, and will stay out at nights in May, when the coldest nights have passed.

I quite often tell you about different awards that we have won during the year, and this month is no different. On 7 February Dad and Ed went to a very fancy Black Tie dinner for the British Dairying Cream Awards. The cream awards were created to 'recognise some of the brightest and best businesses and people

across the British dairy industry.'We were invited to enter in the Autumn, and the awards dinner was the night they announced all the winners. There are 10,000 dairy farms in Britain, so even to be invited is a huge achievement, and one we are very proud of.





Great news from the cream awards. We won the Taste of Excellence Award! The Cream awards are the dairy industry trade awards and cover everything from your smallest milking herds up to the multinational milk processors, creameries, cheeses and more. It's a fantastic achievement for us and it is still sinking in!

Here's what the judges said:

The judges were looking for an exceptional tasting dairy product-whether a milk, butter, cheese, a protein product, yogurt, ice cream or other class derived from milk. Entries could come from farm based or larger manufacturing businesses.

A judging panel of food experts and senior product buyers based their decision on the look, feel, and tasting qualities of the samples submitted on the day.

The winner of the 2018 taste of excellence Award is Laceys Family Farm, from Bolter End Farm for their Laceys Family Farm Single Cream.

The judges described the product as 'A stand out winner, with natural sweetness, flavour and richness that melted beautifully in the mouth.'

The Lacey family milks a herd of 110 pedigree Guernsey cows. Ten years ago the family decided to take more control of its future in dairying by processing its own milk and retailing it locally. They now pasteurise and bottle 50% of the milk they produce on site, selling it under its own Lacey Family Farm brand to shops, cafes, and food manufacturing businesses, as well as through door to door deliveries. The rest of the milk is sold to Arla and is used to make locally produced cheeses, which are stocked in the Laceys Farm Shop.

The move has transformed the whole outlook of the farm to become producer retailers of high quality food produce to meet the requirements of the local communities.

Well done Laceys—we're so proud!



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LACEYS FARM SHOP AND BUTCHERS, BOLTER END FARM, LANE END, HIGH WYCOMBE HP14 3LP

01494 881660

New season's colours

by interior designer Samantha Johnson

I love the start of a new year and the reset button that comes with it; it is always a welcome chance to reflect on the previous year and set goals and new ideas in motion for the year ahead.

In our home, spring is often the time of year when we have a bit of an overhaul, getting organised and busy-ing ourselves with some essential pottering and nesting.

I find a bit of titivating around the home very cathartic. Going into each room, moving furniture around, giving the home a good spring clean, as well as having a good clear out and sending off things not needed anymore to the charity shop.

I make a list of the things that are missing, such as a new storage container for the bits and bobs on my dresser in the dining room or new bed linen for the girls' room. You can still often find a few bar-gains in the end of season sales.

COLOUR is extremely powerful and can alter your mood or the feeling of a space. The new key colours for 2018 are brooding violet, navy and striking emerald green. Furniture is set to head to the dark side this year. We're stepping away from pale, bleached woods that were hugely popular thanks to the Scandic trend of recent years. 2018 is the year where darker wood tones signify a resurgence to retro glamour, and provide a new take on modern luxe. Metallic handles and legs are the perfect finishing touches to add an extra glam feel. A fusion of walnut, gold, brass, black and marble will give a more sophisticated feel.







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PLANTS are another trend this year for your home. Not only do they look lovely but I am pleased to report they have many health benefits too. Studies show that keeping plants decreases fatigue, headaches and annoying common ailments. They release oxygen during the day, respire moisture and purify the air, creating a happy and healthy atmosphere.

So fill your kitchen with pots of fragrant herbs perfect for cooking, or your bedroom with flowering jasmine, so you wake up to the smell of summer. As spring is in the air, you can pick up potted bulbs very

cheaply and with carpet moss from your garden, you can create beautiful displays in your home which can then be replanted back in the garden when they stop flowering.

BATHROOMS are becoming increasingly important in the home as a space to relax and take care of ourselves. Water is not just for cleansing and hygiene, but also for pleasure and wellbeing. A long soak in a warm bath is well known to encourage sleep, ease tension and soothe sore muscles. Showers can also offer deep relaxation and massage by combining water treatments with light and fragrance.





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So when you are next in your bathroom take a look and see how you can improve the space by decluttering, refreshing your towels and accessorising.

LIGHTING plays an important role in our mood, and natural sunlight is the best mood lifter you can get. For those short days that are dark and grey, candlelight

brings a lovely glow of warmth and relaxation to your home. Good lighting in your home is key for ambience and there should be several potential 'scenes' within each room from table lamps, architectural feature lights and task lighting. When creating bespoke shelving, use LED lights inserted into the back of each shelf to flood lighting onto your accessories.





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MEMBER

Ask the: plumber

with Bill Blake



Q— My Economy 7 immersion heater isn't working. Any idea why?

A— When I get five of these in one month, all different houses, then these things focus my mind! Here are some things to check:

Has the fuse blown / RCD tripped? (Check your fuse or RCD box)

Has the thermostat to the immersion heater tripped out? Most thermostats these days are reset-able. Sometimes the heater gets so hot that the thermostat reset button pops out and switches the heater off.

To reset the button, first check that the power is switched off (you don't want to go 'bang' when you touch something!). Second, remove the cover from the immersion heater on the hot water cylinder and look for the button on the thermostat. Usually this has the word 'reset' next to it. Push the button. Some are recessed so use a ballpoint pen or something similar. If the button clicks, usually everything will be OK and will work the next day.

If not, then it may need a new heater element.

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City & Guilds Qualified

Pubs of Lane End

Feature by Bill Dunn

In the autumn of 2005 we were looking for a house in Lane End. We had some time to kill before we met the estate agent and a quick pint seemed the logical thing to do – at least to me.

Katy wavered uncertainly on the doorstep as I pushed open the doors of the Clayton Arms – the more welcoming-looking of the two pubs on the high street facing each other like two galleons about to engage in broadside battle. Our arrival was greeted with silence, like those cowboy films where the stranger enters, the pianist starts playing wrong notes and the man behind the bar drops the glass he was polishing.

We got our drinks and had an uncomfortably long game of pool with many misses and foul shots, watched by the rest of the 3pm Tuesday drinkers.

Undaunted, we loved the village and moved in. And those first dark winter months spent fixing up our house gave us a chance to explore the myriad drinking establishments available to the 2005 Lane Ender.

The Osborne Arms was too scary

unless you'd had a few, but I quickly became a fan of The Old Sun (now converted into a house) on Church Road. It was run by Byron, a tall South African whose progress across his domain collecting glasses was punctuated by foul Durban curses as he continually banged his head against the low beams.

Some nights, we'd treat ourselves to a meal at The Old Ship in Cadmore End – a venerable roadside inn where pints were pulled from barrels in the cellar and carried up to you. It was dark and cave-like, serving fantastic food from its location low off



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the Marlow Road.

Had the road risen... or had the Ship sunk? We never found out, although we did ask why a ship would be so far from the sea? It turns out that 'Ship' is Bucks dialect for sheep.

In November 2005, we still had no kitchen and we'd walk to The Prince Albert in Frieth for our dinner. It was my ideal of what a country pub should be (although that image comes largely from repeated viewings of *Withnail and I*). They may have cut back on the food now, but Mike, aided by Max, still runs a fantastic pub where you can learn more about what's happening in the area by sitting at the bar for the afternoon than from any local paper.

Occasionally we'd pop into Frieth's other pub, the Yew Tree. It was the Albert's polar opposite – slicker,

more urban. We met members of Jamiroquai there and later found ourselves featuring in an episode of the BBC2 reality TV show The Restaurant, judged by Raymond Blanc.



By the summer of 2006 our first child had arrived and, along with our gaggle of new-found friends – anxious first-time mums and dads thrown together by NCT classes – we'd inflict ourselves on the Brickmakers Arms in Bolter End, littering the pub with new three-



wheeled buggies the size of land yachts, changing mats, plastic toys and mewling infants.

As the tots turned into toddlers, and we got more relaxed as parents, the Brickmakers' huge garden became a fantastic playground where harassed mums could let their kids off the leash for a few minutes of well-earned me time with a glass of Pinot Grigio.



And later still, when our children were old enough to eat in a restaurant, we'd head up to the nearby Peacock for a its traditional gammon, egg and chips.

Back in Lane End, the Clayton had been transformed into the Grouse and Ale, under the helm of Carlos Maidana and his wife Joy. It was exactly what the village needed.

We'd also combine pubs and exercise – the Chequers in Wheeler End was one of the first destinations for the Lane End Gentlemen's



Cycling Club (and about as far as we could physically manage back then).

The climb up Bullock's Farm Lane would sorely test us, before we collapsed into their beer garden for a game of petanque or just to ogle the infamous mural in the gent's toilets. In fact, we had so many pubs that Neil Butler's annual three-legged pub crawl in aid of various charities could comfortably accommodate at least seven stops.

But – like fossil fuel and plastic waste – our plethora of pubs was unsustainable. Like they say, you never know what you have until it's gone. We were so rich in boozers, yet we never gave much thought to the people behind the bars – the landlords, publicans and staff who found time to give us a smile while fretting over falling takings, pressures from the breweries and rising rents.

Sadly, it's hard to run a country pub these days. The Ship, Peacock, the Brickmakers Arms and the Old Sun are now just signs, creaking in the wind. We miss our lost locals – and salute those still serving. Turns out, country pubs are like muscles – use them or lose them.

Do you have a favourite memory or story about our local pubs from past or more recent times? Write to katyjdunn@btinternet.com and we'll feature them in the summer issue.





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→ 10 years of Lane End Pharmacy

Report by Peter Greatorex

Ten years ago, Lane End Pharmacy opened its doors to the public and despite initial misgivings from some who feared that the opening of a pharmacy would lead to the closure of their surgery, the residents of Lane End and surrounding villages now benefit from a surgery and a pharmacy working seamlessly side by side.

Over the last ten years, we have dished out many pills, creams and sticking plasters, but did you know all the other things we can do for you?

Having trouble getting out of the house today? We continue to offer a FREE delivery service to local housebound residents and those with mobility problems, whether short or long term. Just ask us if you feel that you, or someone you look after would benefit from this service.

Need a repeat prescription? You can order your repeat prescription online from the comfort of your computer screen, via the website (newdayspharmacy.com) or over the telephone (01494 880 774.) We can take your prescription to your GP surgery to save you a visit and have it ready and waiting for you when you are ready to collect.

Thinking of going on holiday? We are one of the only providers in the area of a full private travel vaccination service. After an initial consultation with a nurse over the telephone, you can be booked into our travel clinic, where our pharmacist will administer your travel vaccination or and provide you with your malaria tablets. Find out more at masta-travel-health.com/ or ask at the pharmacy.

Don't want to bother your GP? We can offer you expert, confidential advice and treatment for many minor health problems including coughs, colds, aches and pains, tummy troubles and allergies. We also have lots of free health related advice on our website, so do check it out. Other NHS services we offer include the pro-provision of free NHS medicine check up, free NHS advice on new medicines and free NHS flu vaccinations, to name but a few. We are open Monday-Friday 8.30am-6.30pm and on Saturdays 8.30am-1pm. No appointment necessary.

Anything you want us to do? Many of you have already left your feedback via our questionnaire, and we were pleased to read your supportive comments. However, we are constantly striving to improve. So if there is something we could do better, or you have a suggestion for something new, please let us know. Thank you all for your loyal support over the years. Here's to the next 10!

Singing is good for your health

Report by Katy Donaghue

But don't just take our word for it. Numerous research studies confirm that singing has both physical and psychological benefits. It has long been known to:

Reduce stress and improve mood Lower blood pressure Boost the immune system Improve breathing and posture Provide positive memories Bring friendship and a sense of fulfilment

We asked local Lane End award winning Acapella quartet, Aca-Holics to elaborate.

'Having performed together for nearly five years, we totally agree with all of the statements above. Singing can bring certain challenges, but also overwhelming satisfaction and joy. The type of singing we do in particular (four-part, close harmony) requires concentration, the ability to listen to the other voices around you and when we create such beautiful harmonies, it makes even the hairs on the backs of our arms stand on end. It is such a wonderful 'hobby' and one we would highly recommend everyone try.'

Aca-Holics (which include three Lane

End local ladies), are currently 9th in the UK LABBS rankings and are available to hire for any local gathering, event or organised group meetings.

E-mail
acaholics@hotmail.co.uk
for more information or
look on the group's
Facebook page.



Join us at the

M40 Chiltern Environmental Group (CEG) AGM

Wednesday 7 March 7.30pm Lane End Community Centre

Updates on noise barrier construction
Invited Speaker Rob Cook
Project Manager Graham Ltd

www. M40-chilterns.org.uk also on Facebook





I can hardly believe that it's already the end of the first half term of 2018! The new little faces that joined us in September are now 'old hands' and settled into their daily routine at school and nursery.

At Lane End Primary School we pride ourselves on the broad and balanced curriculum that we offer children. From Forest School to participation in the Garsington Opera project and visits from authors and poets as well as the dentist and sports specialists, Lane End Primary provides its children with a truly rounded education.

This term Ruby class have been on a trip to Hazard Alley in Milton Keynes for Road Safety Week to experience the types of hazards that we encounter in our day to day lives and learn how best to deal with them.

Opal class have been on a Bear Hunt! They set off to our forest school area to look for bears and along the way thought about adjectives like slimy and green for the grass, slippery and squishy for the mud and rainy and disgusting for the weather! Unfortunately, they didn't find any bears, but still had lots of fun and made their writing much more descriptive and interesting.

Coming up we are looking forward to a visit from the West End in Schools team who will be running dance workshops and World Book Day when we will have Image Theatre performance of Robin Hood.

We are very fortunate to have a large site with extensive play areas. Our Nursery and Reception classes have their own enclosed gardens with a large field beyond. Over the past few months we have been developing our outdoor area to provide children with lots of interesting activities.

Our next project is to create a builder's yard and mud kitchen. We would be grateful for any tools, building materials such as bricks, nuts, bolts, kitchen utensils and pots and pans. Also, if you have any gravel, tubes, crates or guttering to donate the children would love to create their own constructions!

If you have a child who will be starting school or Nursery this year or if you are new to the area then please contact us to arrange a visit: phone us on 01494 881169 or email office@laneendprimary.co.uk

little explorers nursery.

Choosing the right nursery for your child is essential. At Little Explorers
Nursery we treat each child as an individual, nurturing their talent, skills and confidence so that they can flourish.
We have a bright and spacious setting, inside, there's sand and water, messy play, painting and crafts, cooking, role play and music. There are quiet areas too for reading, computers and maths. Outside, the Nursery has two play areas: one for riding bikes and scooters and another where we enjoy playing, climbing and digging, growing fruit and vegetables and exploring the log pile for mini beasts!

The Nursery is led by a qualified teacher supported by experienced and qualified staff. Full or part-time places for 2, 3 and 4 year olds. Call us to arrange a visit on 01494 881169 or email us at office@laneendprimary.co.uk

"Children make a good start in the Early Years Foundation Stage and thrive in the caring and stimulating classes." OFSTED April 2014

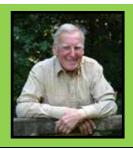
Little Explorers Nursery at Lane End Primary School Edmonds Road, Lane End Bucks HP14 3EJ





On the land





Protecting the crops

March is normally the month of the year when field work starts after the winter months, since in the months from November to February soil temperatures are too low for growth, and the soil condition is generally too wet to take the weight of a tractor.

On our Kensham Farms fields our main crop is winter wheat, but this year we are also growing barley, both winter and spring seeded, and triticale, which is a cross between rye and wheat.

We are also growing oilseed rape, which was seeded in August 2017 on Top Plain, the large field on the left of the B482 road between Cadmore End and Stokenchurch. This will look bright yellow in April or May 2018, before the small dark seeds with high oil content are ready for harvesting in July 2018.

We try to make full use of modern crop protection chemicals and

artificial fertiliser so as to maximise our production of grain – an objective which is only possible if the crop is kept healthy, well nourished and free from disease during the growing period. Research scientists have developed crop protection products in recent years which are far more effective than those which were available when we started our farming business here at Kensham Farm in 1955.

One of the greatest improvements has been in the field of fungicides. Sixty years ago no effective products were available to control such diseases as mildew on the leaves of growing crops. The leaf of a growing plant of wheat or any other cereal should be kept in a healthy blemish free condition for as long as possible, so that it can photosynthesise – this is the process whereby sunlight shining on the leaf of the plant enables the green

chlorophyll pigment in it to convert the light energy into chemical energy, forming carbohydrates such as sugars from the carbon dioxide in the air and water from rainfall.

Most of the oxygen which we breathe is a by-product of this conversion of carbon dioxide into carbohydrates by the plant when it has sufficient sunlight and moisture.

This is the reason why it is so essential for the plant leaf to be healthy – if it is covered in mildew or plant disease, so that the leaf is no longer a healthy green colour, the plant will cease to grow and provide sufficient food that can be sold for human consumption after harvest.

In order to keep the plant's leaf area in this healthy condition we use a

variety of different fungicides, each one formulated to be most suitable for the stage of growth that the plant has reached.

If we take the example of growing a crop of wheat, the grain from which may eventually be suitable to mill into flour for bread making, we can look at the most important treatments which the plant of wheat will receive throughout its life. These crop treatments are:-

Preparation of the Seedbed.

All gardeners will know the importance of preparing a good seed -bed, which is free of weeds. This can be achieved partly by cultivations, and partly by using the total weed killer glyphosate (generally sold under the trade name 'Roundup').



The Clarion - Spring 2018

The soil must also be in nice friable condition with plenty of humus, particularly avoiding an excess of moisture which might cause the wet soil to become compressed and waterlogged.

Seeding

The seeds for the crop are carefully selected from the best quality seeds from the previous harvest. These seeds will be coated with a seed dressing which will protect the growing seedlings from such seed born diseases as septoria, loose smut, seedling blight or bunt.

Fertilisers

The plant will not grow satisfactorily if it is short of plant food, the principal nutrients being Nitrogen for leaf growth, Phosphates for the root system and Potash for general plant health.

The general aim on farms is to use sufficient Phosphate and Potash fertiliser to maintain the soil at a satisfactory status, verified by soil

analysis. But Nitrogen is different, in that it is water soluble and does not last in the soil - it has to be applied during the growing season to suit that particular crop's requirements.

These plant nutrients will only benefit the growing plant if the soil is neither too acid nor too alkaline - the natural acidity of some soils can be neutralised with a dressing of lime. In this area those fields that are chalky never need additional lime, but the fields with clay soil may need a dressing of lime, perhaps thee tonnes to the acre, every third year.

Herbicides

Pre-emergence weed killers have been developed and are often used – these can be sprayed onto the soil before the crop emerges, and will kill any weed seedlings as they emerge through the soil crust, but the wheat seedlings will not be affected by this pre-emergence spray residue on the treated soil crust

However as the crop grows some



weeds such as chickweed, charlock or poppies are likely to appear in it, and must be killed to prevent them competing for plant nutrients and sunlight with the growing crop.

These weeds should be killed with a suitable hormone weed killer, probably by spraying the field in April or May, which will kill the weed without adversely affecting the crop.

Growth Regulators

Scientists have developed growth regulators which will cause the growing crop to grow shorter than its natural height, but the stem and the root of the growing crop will become stronger than untreated wheat. Treatment with growth regulator is the reason why nowadays one seldom sees crops which have lodged, those disastrous crops that had gone down flat during a wet growing season and had turned harvest into a salvage operation.

Fungicides

The fungicides are the newly developed crop protection products which keep the plant leaf healthy. The aim with fungicide is always to anticipate trouble, and apply the preventative fungicide spray before the disease has had time to spoil the foliage. It is not unusual for a crop to be treated with five different fungicides, each specific for a particular plant disease that may be anticipated at a particular time of the growing season.

Insecticides

Gardeners will be familiar with the problem of controlling aphids on vegetable crops like broad beans, or on flowers such as roses. Aphids can cause similar problems in cereal crops, such a barley yellow dwarf virus, which must be controlled by spraying suitable insecticides — sometimes earlier in the year to control the aphid's life cycle if trouble is anticipated, but sometimes when the aphids are actually on the crop.

Many crops of wheat never have to be sprayed with insecticides - these are always used as sparingly as possible to avoid harming bees or beneficial insects.

All of these crop treatments have the objective of growing full crops on the farms to feed the world's expanding population of people.

Most farmers feel that politicians who fail to recognise the advances made by scientists in the field of crop protection treatments have no recollection of the poor crops and low production of earlier times, when the world population of people was so much lower than in modern times.

The Edgley family has farmed at Kensham Farm, Cadmore End since 1955

www.kenshamfarms.com

In the garden

with Warren Detsinyi



ightharpoonup Spring is in the air

Spring has definitely sprung in the Chilterns - it's official. On a nice quiet day (if you're not too close to the motorway) you can almost hear the garden stretch and yawn. Drifts of snowdrops have surfaced. Buttercupyellow aconites are coming up fast behind and hellebores and cyclamen are delivering splashes of mauve and vellows. The daffs will not be far behind leaving the tulips to bring up the rear and take us into early summer. It's wonderful to have colour creeping back in but now the hard work begins again.

Jobs for February

Weed, feed and prune is the order of the day. While flowerbeds and vegetable patches are still sleepy, it's the best time to get in after the diehard weeds while they're easy to see.

If you're a composter then it's time to apply what you've made to the beds and the veg. patch, top-dress pots and planters and sprinkle over the

lawn if you have excess.

For delicious compost, mix ingredients well, keep moist and cover over with carpet to retain heat - perfect for hard-working worms woodlice and bacteria. A healthy compost system will devour vast quantities of green waste and give you pure gardener's gold for your efforts. Good garden compost is too rich to plant into direct as you would with a sack of Levington but as a soil additive it beats anything you can buy in the garden centre – and it's free.

What to prune now

Late-summer flowering shrubs such as buddleja, fuschia, hibiscus, hydrangea and spirea need attention. Cut down to leave a couple of buds above healthy thick stems. The food reserves in the roots will power the new shoots. At the end of February shrubby cornus (dogwood) can be hard-pruned - essentially coppiced - to within a couple of inches from the ground. This will provoke



new vivid-coloured stems for next winter's display. However it's best to leave one or two year-old plants unpruned to allow a strong root systems to develop.

Warren's mystery plant

Loved equally by gardeners and slugs for my broad architectural leaves with yellow, green, white and even blue colouring. I like morning sun and afternoon shade – too much heat will melt the wax from my leaves and I will change colour.

Next edition...sunflowers, carnivores and chili-growing!

Mystery plant—nosta



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Any copy submitted to The Clarion may be edited for space, content or style. By sending information or articles to the editor for inclusion, you are accepting these terms.

We welcome any news or diary dates from community organisations and letters from individuals. The next copy deadline is 1 May and the next issue will be delivered in June.

Send copy to katyjdunn@btinternet.com



Let's face it, this isn't going to happen. Cleaning up after your dog is your responsibility.

The situation is getting worse on the common around the church, on the playing fields and even on our walkways and pavements.

If you wouldn't want to step in it, don't leave it for others to.

Please clean up after your dog

Useful Telephone Numbers...

(Parish Clerk—Hayley Glasgow)	01494 437111
Acting Parish Clerk—Deirdre Hansen	
Lane End Surgery	01494 881209
Lane End Pharmacy	01494 880774
NHS Direct	111 / 0845 46 47
Lane End Holy Trinity Church	01494 882644
Lane End Primary School	01494 881169
Little Explorers Nursery	01494 881169
Lane End Village Hall	01494 881152
Frieth Village Hall	01494 881176
Lane End Youth & Community Centre	883878 / 07932 326046
Elim Hope Church	01494 882587
Cadmore End Village Hall	01494 881735
Cadmore End C of E Church	01494 882644
Cadmore End Primary School	01494 881460
Yellow cars taxi	(01494) 44 44 02
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Wycombe District Council	01494 461000
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